Subject: Awaken your inner beast this fall!

Header: 4 Weeks. One Goal: Get Stronger.

Body:

Hey [First Name],

Fall's here – ready to turn up the heat?

Join our **4-week Beast Power Challenge** to build muscle, burn fat, and boost your confidence before the holidays hit.

- ✓ High-energy group workouts
- ✓ Personalized progress tracking
- ✓ Nutrition & recovery guidance
- Challenge starts October 7th.

Why wait till January when you can be strong now?

CTA: [Join the Challenge]

- The Beast Power Fitness Family